

Track: Turó d'Onofre Arnau

These speeds are average for = HKG

IBP index reliability= C

**IBP = 28 HKG**

Total length	5.79 Km
Analyzed distance	5.79 Km
Lineal distance	0.04 Km

Accumulated climb	142.3 m
Accumulated descent	145.2 m
Maximum height	122.2 m
Minimal height	1.1 m
Climb rate	5.63 %
Descent rate	7.79 %
Positive climb difference per km	24.58 m
Negative descent difference per km	25.08 m

Total time	1:23:14 h
Time in movement	1:08:10 h
Stopped time	0:15:04 h

Total speed average	4.18 Km/h
Average speed in movement	5.1 Km/h
Maximum held speed	7.42 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	250 (cad. 23.17 m)
Significant points	142 (cad. 41.09 m / 56.8 %)
Aberrant points	3 (1.2 % d. total)

Direction changes per km	10.19
Direction changes >5° per km	6.04
Accumulated straight stretches	2.121 Km
Straight stretches per km	366.32 m
Penalizable slope changes	2
Penalizable slope changes per km	0.345

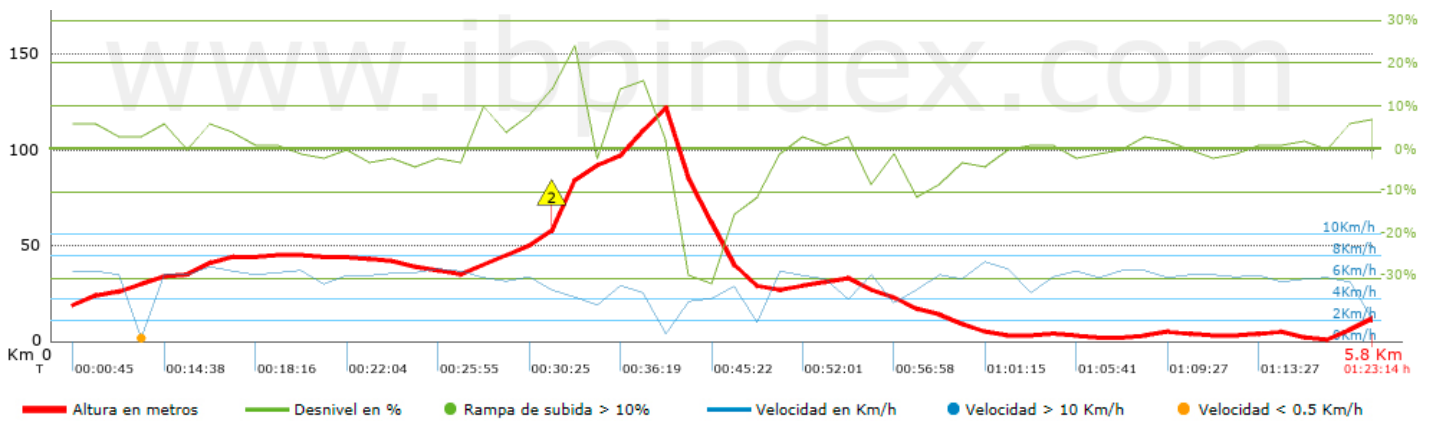
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Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s	
	Between 30% and 55%	0	0	0	0:00:00	
	Between 15 and 30%	0.205	3.55	3.35	0:03:41	
	Between 10 and 15%	0.238	4.11	3.4	0:04:12	
	Between 5 and 10%	0.439	7.57	4.86	0:05:25	
	Between 1 and 5%	1.644	28.37	5.46	0:18:04	
	<b>Total :</b>	<b>2.526</b>	<b>43.59</b>	<b>4.83</b>	<b>0:31:22</b>	
	<b>Plain</b>					
	Difference of 1%	1.405	24.25	6.02	0:14:00	
	<b>Breakdown descents</b>					
	Between 1 and 5%	1.192	20.57	5.55	0:12:53	
Between 5 and 10%	0.303	5.22	5.34	0:03:24		
Between 10 and 15%	0.11	1.9	3.04	0:02:10		
Between 15 and 30%	0.106	1.83	4.78	0:01:20		
Between 30% and 55%	0.152	2.63	3.03	0:03:01		
<b>Total :</b>	<b>1.863</b>	<b>32.15</b>	<b>4.9</b>	<b>0:22:48</b>		
<b>Total track :</b>	<b>5.79</b>	<b>100 %</b>	<b>5.1</b>	<b>1:08:10</b>		

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**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
	2.121	14 %	35 m
	2.155	21 %	124 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
0.285	0:10:29 > 10´	28	0:02:54	0:02:54 < 10´	0.285
2.636	0:02:41	122	0:39:54	0:37:00	2.351
5.768	0:01:54	12	1:21:20	0:41:26	3.133
<b>Total :</b> 0:15:04 h					